

Where innovation and selflessness meet, your legacy can live.



The care you believe in, promised to the next generation.

A gift in Will is your promise to the future. For St Andrew's War Memorial Hospital, legacy gifts help us do more than look ahead, they help us plan ahead.

A gift in Will adds to the resources we need to purchase state-of-the-art equipment when the technology moves forward, upgrade facilities whenever the need arises, and ensure that our community has access to the best care possible, always.



## For always

## Connecting your legacy with ours.



St Andrew's War Memorial Hospital was founded on a promise for those who served our country. It continues today with our promise to our community. For more than 60 years our community has been served by a team of passionate, brilliant, and selfless doctors, nurses, staff and volunteers. Since we first opened our doors to the people of Brisbane in 1958, the St Andrew's War Memorial Hospital team has played a central role in protecting loved ones and keeping our community together.





We are loved within our community because of the genuine care we show. And we have been admired within the fraternity of hospitals around the world, because of our reputation as a world-class not-forprofit private hospital, consistently leading the way in the performance of complex clinical procedures.

We are the rare combination of heart and mind, passion and skill.

And we can't continue that legacy without the vision of our community leading the way.

By leaving a gift in your Will to St Andrew's War Memorial Hospital the care you believe in can be the care that remains for generations to come. Together we can keep the promise of selfless, state-of-the-art healthcare for our community, for always.

## A hospital of firsts





#### Doors open to the public

After nearly 10 years of fundraising, hard work and dedication, St Andrew's War Memorial Hospital welcomed its first patients in 1958.

The community rallied together, volunteering time and funds, to build a hospital in Brisbane that would commemorate the fallen from the two world wars and show gratitude to all those who served.

With a firm belief in reinvesting in your community, our not-for-profit private hospital has had all financial surplus reinvested in improving services and facilities, expanding and updating clinical and surgical treatment options, while maintaining a focus on patient care.

#### First private hospital in Queensland to have an Intensive Care Unit and dedicated Children's ward

Our history of firsts is a showcase of innovation. From providing the very first X-Ray units in Queensland, and opening a specialised Intensive Care Unit, followed by a Children's Ward only four years later, we have consistently set the pace for clinical care in our community.

We are a hospital of firsts because we put our community first.

From humble beginnings, we have expanded to 250 beds, 15 operating theatres, an Intensive Care Unit, Emergency Centre, Endoscopy Suites and three Cardiac Catheter Laboratories.





As a hospital at the cutting edge of clinical care, we invest in treatment options that exceed expectations and set new benchmarks in care.

This is how we started, and it is how we will continue.

As global standards in healthcare continue to improve, and revolutions in technology occur with each new generation, St Andrew's War Memorial Hospital has maintained its position at the forefront of treatments and care because of the support of our community. Between 1970 and 1980 we introduced the first major private radiology unit in Queensland, created the first private coronary care unit in Australia, and began work on our first private catheter laboratory.



## First bi-venticular pacemaker operation performed in the southern hemisphere

As the 2000s dawned, a new era in medical care began, and we were there to turn state-of-the-art technology into care that saves lives.

From heart surgery to deep brain stimulation, we used new tools to solve age-old challenges. And, we continued to introduce advancements in treatments across the spectrum of healthcare needs, from pelvic floor dysfunction to Parkinson's disease.

We are always looking to the future. Today, we are looking to you to help us get there.

# How a first-hand experience will transform our ICU

When one of our most respected doctors woke up in Intensive Care, everything changed. Dr James Winearls has made a commitment to transform the experience for everyone who needs life-saving care.

An Intensive Care Unit (ICU) is a confronting place. It is here that the most at-risk patients receive round-the-clock care. It is a space filled with the fear of families as patients move from one life-saving treatment to the next.

When Dr Winearls was rushed to the ICU he was overwhelmed. "I couldn't breathe and burst into tears coming into a familiar environment," Dr Winearls recalls. "Even as a medical professional who understood exactly where I was rationally, my experience was deeply confronting and humbling."

Waking up in Intensive Care was a confronting reality for one of our doctors and brought home the daily experience of his patients.

As more and more research attests, stress and anxiety play a critical role in the recovery process – for this reason St Andrew's War Memorial Hospital is striving to transform every aspect of our treatment and rehabilitation. We are committed to a program of important changes to the Intensive Care Unit, and delivering a patient-focussed ICU experience.

"It's very difficult to understand the actual reality of it unless you really figure it out," Dr Winearls explains about his experience as both doctor and patient. "Because it's an experience that combines the science with being a human being."

Thanks to our generous community of donors, we will be able to commence meaningful transformations to the ICU facilities. These will include new light systems, which best reflect



If we can make five to 10 per cent of our patients five to 10 per cent better, then maybe something good will come from my experience.

our circadian rhythms – day and night – helping our patients maintain their sense of time.

Additionally, the ICU transformation will include more privacy-focused design, incorporating adjustable lighting and sound management to give patients a measure of control over their environment.

These kinds of changes help reduce anxiety and the discomfort of being in a new and challenging environment. Dr Winearls' own experience highlights just how important that can be.

"I had the most vivid night terrors

– more real than reality itself. A
colleague was making up infusions
under a night light, and all I could
see was a witch brewing a potion
trying to kill me. Even though I
knew rationally what he was doing,
I couldn't get the logical side of my
brain to overcome the illogical."

By sharing his story and promoting a new focus on both survival and recovery, Dr Winearls has made a significant contribution to the future of healing at St Andrew's War Memorial Hospital.

His recommendations build on the work of our Director of Intensive Care, Professor John Fraser AO, whose contributions to global research have improved critical care for patients worldwide.

With your help, we can continue to invest in innovation, driven by experience.





Your legacy can help transform the future of healthcare in Queensland. By making a promise to leave a gift in your Will to St Andrew's War Memorial Hospital, the facilities and services that protect your community can be maintained and expanded. These include:

#### **Structural Heart Program**

At St Andrew's War Memorial Hospital, we have been at the leading edge of cardiac healthcare for decades. By pioneering new technology for life-saving cardiac procedures, including the TAVI, Amulet, Impella and Mitraclip, we have given our community access to the latest surgical options as well as life-saving equipment. With your gift, we can continue to expand and innovate our heart health services.

## World-class endovascular procedure and care

Your legacy can contribute to the continual advancement of endovascular care (a minimally invasive procedure used to diagnose and treat vascular conditions), including using the latest techniques in blood vessel procedures.

#### Life-saving medical equipment

To remain at the forefront of innovative surgery, St Andrew's War Memorial Hospital continually invests in cutting-edge medical equipment that will save lives and improve our patients' health.

Your gift is the promise of life saving care, kept.

### The TAVI Teaching Centre for Excellence

TAVI stands for Transcatheter Aortic Valve Implantation. This minimally invasive procedure is used to repair damaged aortic valves in patients assessed as high surgical risks. In 2023, we became the first private hospital in Queensland to perform 1,000 TAVI heart procedures. In recognition of this extensive experience, the St Andrew's CardioVasuclar Clinics were named Australia's first and only TAVI Teaching Centre of Excellence.

#### Veterans' healthcare

St Andrew's War Memorial Hospital was established as a living memorial to those who served for our country. Those who have given their all to protect us, should have access to the best possible care, always.

With your help we can continue to proudly provide care for Veteran patients.

We cannot provide the life-saving care our community needs without the help of donors like you. Please make a promise to protect the generation to come with your gift in Will.

## A promise kept is helping

Rosalie Russell spent many years looking after the needs of our community. As a volunteer at St Andrew's War Memorial Hospital, she had already created a legacy of care. Then she went one step further.

By leaving a gift in Will to St Andrew's War Memorial Hospital, Rosalie's promise for the future has helped transform the care we can provide for a new generation of patients and their families.

With the help of her generous gift, we've been able to refurbish and expand our physical rehabilitation centre and create a state-of-the-art conference area, enhancing both patient care and medical education.

It is a fitting tribute to her generosity to have the area named in Rosalie's honour. The Rosalie Russell Conference and Education Centre is a testament to the lasting impact one person can have on countless lives.

This new space fills a critical need at St Andrew's War Memorial Hospital.

The conference area isn't just a

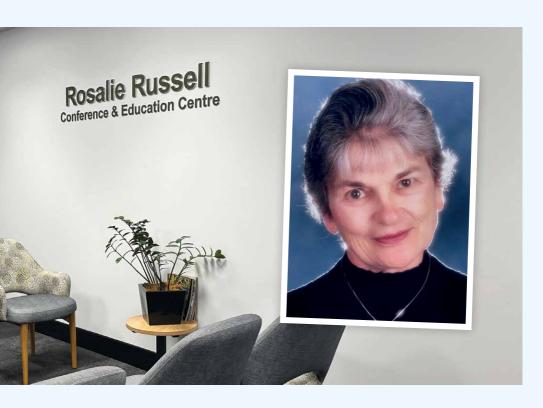


room – it's a hub for knowledge sharing and professional development capable of hosting up to 150 people.

The generosity that Rosalie has shown will play an important role in patient recovery for generations to come.

Operations and treatments are only part of the patient journey. As you know, physical rehabilitation is a vital part of recovery – and lasting health.

## **Queenslanders recover**



For so many of our friends and neighbours, colleagues and community members, their ability to regain strength, mobility and independence is reliant on their access to this kind of support, and space.

From now on, we can offer specialised rooms for a range of therapies, including physiotherapy, occupational therapy and speech pathology.

Furthermore, Rosalie's remarkable contribution has allowed for

the creation of the Rosalie Russell Bursary, which provides invaluable funding for both medical and non-medical staff to access ongoing learning and development opportunities.

The gift that Rosalie has given the community will continue to improve the health outcomes of the people we love today, and those we care for, tomorrow.

## A promise that goes beyond

The selfless care that St Andrew's War Memorial Hospital nurses, doctors and staff show can create more than a lasting impression, it can save a life.

When Len's father-in-law had to spend an extended stay in hospital, Len was moved by the care he received.

The staff that cared for him went above and beyond normal care. The doctors and the nursing staff were so professional and compassionate they no doubt saved his life.

As a witness to the quality of care that we provide each day to Queenslanders, Len was moved to action.

When last updating his Will, Len made a considered decision. He chose to remember St Andrew's



War Memorial by leaving a percentage of the residuary estate in his Will to the Hospital.

This generous gift allows us to look ahead and plan for the future. Because of his personal legacy – his promise to give – St Andrew's War Memorial Hospital can keep our promise to the future.

Whether through updates and improvements to our Heart Valve Program, expanding our Bursary Program, or recruiting more expert surgeons, Len's gift will help maintain the selfless, state-of-theart healthcare we believe in.

## Our promise to you

We promise you that your legacy will be valued, your aims respected and your privacy is protected.

We are your community, and consider you family, but we understand that your loved ones come first.

With your consent we would like to share information about the impact of **your legacy**, and its promise for the future.

We will protect your promise and direct your gift to areas of the most profound need.

We respect your right to change your mind about *your legacy*.



## How to leave a gift in your Will

Your Will is crucial to ensuring your estate is distributed to the people and organisations you care about the most.

It's a good idea to revise your Will every time your life circumstances change (for example, you buy a house or get married), to ensure your Will reflects your current circumstances.

If you're considering leaving a gift in your Will to St Andrew's War Memorial Hospital, it's important to think about what type of gift and impact you want to make. The main types of gifts are:



#### A specific gift:

A fixed sum of money, or items such as shares, property or superannuation.



### A percentage of your estate:

This can be any percentage of your estate up to 100%.



#### The residue of your estate:

The whole, or a portion of what is left in your estate after all other gifts, taxes and costs have been paid or fulfilled.



#### Creating a Will is easy

It isn't hard to create a Will, but you have to be organised.

Here, we've provided a checklist you can use when preparing your new Will.

### 1. Speak with your friends and family

Let your closest family and friends know your intentions to ensure your wishes are carried out.

#### Choose what type of gift to leave (options are on the opposite page).

#### Choose your executor to appoint your Will. This could be friends, relatives, your solicitor or bank.

## 4. Enlist professional guidance such as a solicitor or Public Trustee.

#### 5. Write your Will

Be sure to use recommended wording provided (see the card enclosed) if you choose to leave a gift in your Will to St Andrew's War Memorial Hospital.



## Frequently Asked Questions

## Your most common questions, answered.

## Can St Andrew's War Memorial Hospital help me write my Will?

The St Andrew's War Memorial Hospital gift in Wills team are not able to assist you in writing your Will. We recommend you consult with a solicitor or the Public Trustee in your state that offers Will writing services.

### I don't have much money to leave... will it make a difference?

You don't have to be wealthy to remember a charity in your Will. You just have to make a simple decision.

Whoever you are, whatever your situation, even a small portion (or percentage) of what is left of your estate can make a significant impact to the care and wellbeing of future patients at St Andrew's War Memorial Hospital.

## Can I specify how my gift is used?

Gifts in Wills provide St Andrew's War Memorial Hospital with the vital funds to plan long-term projects that enable us to provide world-class care, research and education.

Leaving a gift in your Will to a specific type of work might mean that we cannot fulfil your wishes if we are no longer doing that specific work at the time the gift is realised. We recommend you keep your gift for general purposes, to enable us to use it where the need is greatest at the time.

If you are committed to leaving a specific gift, please get in touch with our Gift in Wills Team for a further discussion.



### I've already made a Will – how do I change it?

If you need to make changes to your current Will, a solicitor can help you make a Codicil. It's important to consult a solicitor when changing your Will, to ensure the original Will is not affected. Never amend your Will by crossing out information.

## Can I leave assets like property or shares to St Andrew's War Memorial Hospital?

St Andrew's War Memorial Hospital welcomes gifts such as shares or property, provided that we have permission to sell these assets to use the funds for our purposes.

## Do I need to let you know I've included St Andrew's War Memorial Hospital in my Will?

Of course, it's entirely up to you whether you let us know about your gift in Will. If you do, we'd love to show our gratitude to you, and keep you connected to the impact your gift will have on patients in future generations.



## Who should I tell about my decision to leave a gift in Will to St Andrew's War Memorial Hospital?

We strongly recommend that you advise your loved ones of your decision to leave a gift in your Will to St Andrew's War Memorial Hospital. This will ensure your wishes are carried out.

## Thank you.

We'll keep your promise.

#### **Contact the Gifts in Wills Team**

Phone: 1800 961 441

Email: plannedgiving@ucareqld.com.au Visit: standrewshospital.com.au/giftsinwills

