

# St Andrew's Hospital Inpatient Rehabilitation Fact Sheet

St Andrew's Hospital offers an inpatient rehabilitation service for people recovering from injury, illness or surgery. Our goal is to assist each patient to reach their highest potential level of independence.

## The Benefits of Intensive Inpatient Rehabilitation

- faster recovery time
- minimised pain and suffering
- minimised level of injury impairment
- reduced hospital re-admission rates
- quicker, safer and more coordinated return home

## Our Specialist Inpatient Rehabilitation Programs

- Neurological:- stroke; Parkinson's Disease; Multiple Sclerosis; Guillain-Barre; spinal cord injury programs
- Orthopaedic:- upper limb program
- Orthopaedic:- lower limb program including: total hip replacement; total knee replacement; post orthopaedic fracture programs
- Multi-trauma program
- Re-conditioning post medical and surgical procedures
- Re-conditioning post cardiac surgery and conditions
- Post amputation program

## Our Range of Services

St Andrew's Hospital is an acute care health service offering:

- Geriatricians and rehabilitation specialists
- 24 hour rehabilitative nursing care
- 24 hour medical service /care
- Physiotherapy, occupational therapy and speech pathology
- Dedicated rehabilitation therapy gyms
- Prosthetic/orthotic assessments
- Psychiatry services
- Dietician
- Podiatrist
- Pharmacist/medication evaluation and optimisation
- Wound care
- Continence care
- Recreational therapy services
- Falls prevention program
- Patient and family education
- Family conferences
- Case management and discharge planning
- Home evaluations
- Transition to our outpatient programs

We hold agreements with most private health funds and hold 'Tier One Provider Status' with the Department of Veteran Affairs.

Referring patients as soon as rehabilitation needs are identified, allows us time to coordinate bed management more efficiently.

## Referral Contacts:

Rehabilitation specialist: Dr Wilbur Chan.  
Geriatricians: Dr Hoa Lu  
Dr Phil Aitken

Rehabilitation Nursing Manager:  
Ms Yvonne Baker.  
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*First class treatment. World class results.*